

SYMPTOMATIC X-LINKED CARRIERS OF CHRONIC GRANULOMATOUS DISEASE (CGD)









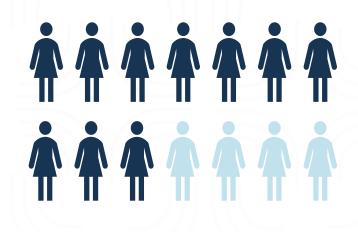
Monitor

Identify symptomatic X-linked carriers of CGD who may be at risk



of all X-linked carriers of chronic granulomatous disease (CGD) reported infections, autoimmune symptoms, or both in a 2018 retrospective study.¹

Pneumonias caused by CGD-associated pathogens affected 10 out of 14 X-linked carriers who experienced at least one serious infection* (Aspergillus fumigatus and Burkholderia cepacia)¹





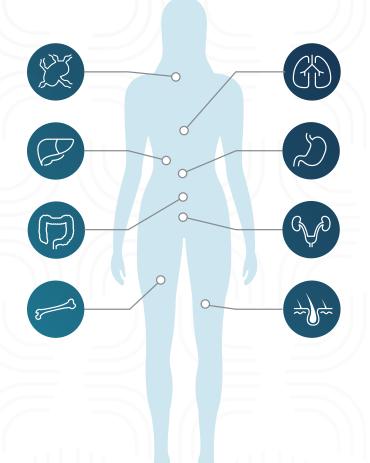
X-linked CGD accounts for ~66% of CGD cases. For every patient with X-linked CGD, there is a potential undiagnosed symptomatic X-linked carrier mother.²

*Serious infection is defined as a clinical event requiring hospitalization and/or intravenous antibiotics.

Symptoms associated with CGD are not uncommon for X-linked carriers

Carriers of X-linked chronic granulomatous disease (CGD) can experience a wide range of inflammatory and autoimmune symptoms and may require medical management. Symptoms are often misunderstood or misdiagnosed.^{1,3,4}

Common presentations may include lupus-like symptoms (mouth ulcers, joint pain), recurrent infections, persistent abscesses, and gastrointestinal pain or diarrhea. There may be concomitant symptoms, such as^{1-3,5}:



- Colitis
- Discoid lupus erythematous
- Fatigue
- Granulomas (gastrointestinal and genitourinary)
- Joint pain
- Lymphadenitis
- Osteomyelitis
- Photosensitive rashes
- Pulmonary infections
- Raynaud's phenomenon
- Skin and organ abscesses
- Stomatitis
- Weight loss



In a 2022 survey, X-linked carriers of CGD reported skin abscesses (35%), pneumonia (30%) and cellulitis (21%). One in four were using prophylactic antibiotics.⁶

DHR testing assesses risk stratification for serious* infections

The dihydrorhodamine (DHR) test is the most widely used method for detecting CGD and is also used to evaluate X-linked carrier status.²

The DHR test is a lab test that assesses neutrophil superoxide production, a potential risk indicator for serious infections in CGD. Low or no neutrophil function makes a person vulnerable to recurrent and/or serious* infections.^{1,2}

Lower % DHR + values are associated with a higher risk of infection¹

0.0 Patients with CGD typically produce Probability of infection 0.6 residual ROIs ranging from 0.1% to <30% 0.4 of the normal range.⁷ **Significant** risk of infection 0.2 P = .0060.0 0 20 40 60 80 100 %DHR+

A logistic regression model was used to estimate the probability of infection or autoimmune/inflammatory manifestation (AIM) as a function of %DHR+ value. *P* values tested whether the %DHR+ value is a significant predictor for infection or AIM. Statistical significance of risk of infection for X-linked carriers was only seen at %DHR+ values less than 20%.¹

ROI, reactive oxygen intermediates.

Adapted with permission from Marciano BE, et al; 2018.1



DHR values **<20%** can indicate a higher risk of potentially life-threatening infections for X-linked carriers of CGD. DHR values **<10%** are highly associated with risk of infection.¹

*Serious infection is defined as a clinical event requiring hospitalization and/or intravenous antibiotics.

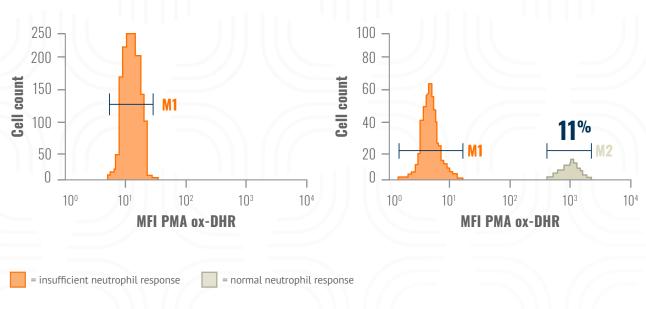
Symptomatic X-linked carriers may display DHR values similar to that of X-linked CGD

Carriers of X-linked chronic granulomatous disease (CGD) **can experience symptoms** like affected patients, including infections, that may be correlated to DHR value.^{1,3}

Potential treatment options may be considered for X-linked carriers with low dihydrorhodamine (DHR) values. Additionally, a %DHR+ value may give insight into a carrier's risk of infection when symptoms alone do not.^{1,2}

TYPICAL PATIENT WITH X-LINKED CGD⁸

HIGHLY LYONIZED X-LINKED CARRIER⁹



MFI, mean fluorescence intensity; PMA, phorbol myristate acetate.



Scan the code or <u>click here</u> to learn more about reading DHR histograms.



Monitor DHR values over time to detect changes in risk

In X-linked carriers, X-chromosome inactivation can produce a skewed expression of the mutated gene that causes CGD, an effect called lyonization. Over time, X-chromosome inactivation favoring the CGD gene can become more pronounced and lead to an **increased risk of a potentially life-threatening serious infection**.^{10,11}

Guidelines for DHR level testing are currently being studied. Consider re-testing periodically or when your patient¹⁻³:



Develops new symptoms



Shows signs of infection



Has worsening symptoms

According to practice parameters for the diagnosis and management of primary immunodeficiency disease (PIDD)¹²:

- "The possibility of an X-linked PIDD **should be considered, even in female patients**, when other possibilities have been ruled out"
- "Carrier status should be determined for all potentially affected relatives of patients with severe PIDDs"



of X-linked carriers of CGD are at risk of significant infection³ X-linked carrier symptoms may be related to chronic granulomatous disease (CGD). **Test or refer to assess your patient's risk of infection.**



Ready to test?

Request a dihydrorhodamine (DHR) Collection Kit, get testing support, or learn how to use the test step-by-step.



Not ready to test? Refer.

Find a CGD specialist in your area.

References:

1. Marciano BE, Zerbe CS, Falcone EL, et al. X-linked carriers of chronic granulomatous disease: illness, lyonization, and stability. J Allergy Clin Immunol. 2018;141(1):365-371. doi:10.1016/j.jaci.2017.04.035 2. Leiding JW, Holland SM. Chronic granulomatous disease. In: Adam MP, Feldman J, Mirzaa GM, et al, eds. GeneReviews®. Seattle (WA): University of Washington, Seattle; 1993–2024. 3. Battersby AC, Braggins H, Pearce MS, et al. Health-related quality of life and emotional health in X-linked carriers of chronic granulomatous disease in the United Kingdom. J Clin Immunol. 2019;39(2):195-199. doi:10.1007/s10875-019-00607-6. 4. Lupus. Mayo Clinic. Published October 21, 2022. Accessed March 21, 2023. https://www.mayoclinic.org/diseases-conditions/lupus/symptoms-causes/syc-20365789 5. Song E, Jaishankar GB, Saleh H, Jithpratuck W, Sahni R, Krishnaswamy G. Chronic granulomatous disease: a review of the infectious and inflammatory complications. Clin Mol Allergy. 2011;9(1):10. doi:10.1186/1476-7961-9-10 6. Leiding J. Self-reported symptom burden of female X-linked chronic granulomatous disease carriers. Presented at: Immune Deficiency Foundation Lunch & Learn: CGD; May 25, 2022. 7. Kuhns DB, Alvord WG, Heller T, et al. Residual NADPH oxidase and survival in chronic granulomatous disease. N Engl J Med. 2010;363(27):2600-2610. doi:10.1056/NEJMoa1007097 8. Jirapongsananuruk O, Malech HL, Kuhns DB, et al. Diagnostic paradigm for evaluation of male patients with chronic granulomatous disease, based on the dihvdrorhodamine 123 assay, J Allergy Clin Immunol, 2003;111(2):374-379, doi:10.1067/mai.2003.58 9. Hauck F. Koletzko S. Walz C, et al. Diagnostic and treatment options for severe IBD in female X-CGD carriers with non-random X-inactivation. J Crohns Colitis. 2016;10(1):112-115. doi:10.1093/ ecco-jcc/jjv186 10. Rösen-Wolff A, Soldan W, Heyne K, Bickhardt J, Gahr M, Roesler J. Increased susceptibility of a carrier of X-linked chronic granulomatous disease (CGD) to Aspergillus fumigatus infection associated with age-related skewing of lyonization. Ann Hematol. 2001;80(2):113-115. doi:10.1007/s002770000230 11. Hatakeyama C, Anderson CL. Beever CL. Peñaherrera MS. Brown CJ. Robinson WP. The dynamics of X-inactivation skewing as women age. Clin Genet, 2004:66(4):327-332. doi:10.1111/ j.1399-0004.2004.00310.x 12. Bonilla FA, Khan DA, Ballas ZK, et al. Practice parameter for the diagnosis and management of primary immunodeficiency. J Allergy Clin Immunol. 2015;136(5):1186-1205. doi:10.1016/j.jaci.2015.04.049





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