

3 steps **YOU** need to complete for your DHR Collection Kit

IMPORTANT — The DHR test requires 2 vials of blood:

- 1 vial from you (the person being tested)
- 1 vial from a “control” donor (who is not related to you and must be healthy)

The person being tested and the control donor must be present at the laboratory at the same time for the DHR test.

1 Book Your Appointment

- Schedule an appointment to have blood drawn at the nearest Quest Diagnostics location or laboratory designated by your healthcare provider
 - Only 1 appointment is required for both you and your control donor
 - Schedule the appointment between Monday and Thursday before 1 PM to ensure proper test processing
- To find the nearest Quest Diagnostics lab and make an appointment, go to [QuestDiagnostics.com](https://www.questdiagnostics.com) and click on “Appointment/Location” or call **1 (866) 697-8378**
- Each DHR Collection Kit has a requisition form for free services at Quest Diagnostics*

*No services other than the 2 blood draws required for the DHR Collection Kit are covered under this requisition form.

2 Blood Draw

- Go to the lab along with your control donor at your scheduled appointment time. Bring the DHR Collection Kit given to you by your healthcare provider
- Both your blood draw and your control donor’s will need to be performed at the same time due to the time sensitivity of this test
- Once the blood draws are complete, Quest Diagnostics will immediately send the DHR Collection Kit to a testing facility for processing for you and your control donor

3 Results and Processing

- Your healthcare provider will share these results with you in 1 to 2 weeks

Contact your doctor or healthcare team if you have any questions or miss your blood draw appointment.